


MODEL FOR SPINAL CORD INJURY SERVICES IN ENGLAND


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CONTEXT

- NHS SCI service is in a state of transition in England
 - Service review, no more money & system under great pressure
 - Changing demographics
 - 1/4 not going to a specialist SCI centre
 - Review looking for better outcomes at reduced cost
 - Shared vision of 10 SCI charities
 - Informed by the views of 1600 SCI people
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CURRENT SERVICE

- Agreed pathway - SCI Centre, life-long follow up (inc 1-2 yearly check ups)
 - Referral, awareness & capacity issues mean the neuro-rehab/general hospital route for some
 - Traumatic review – access via major trauma centres
 - Pressure to discharge early & inadequate community rehab services
 - Disjointed approach between rehab, care, equipment, housing & wheelchair provision
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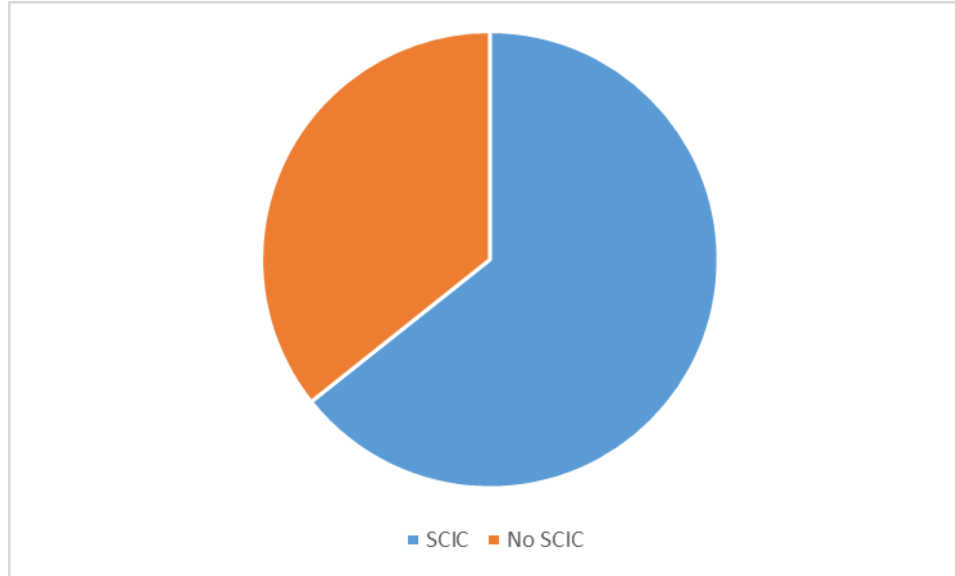
VARIABLE MULTI-DISCIPLINARY SCI CENTRE REHAB



- Specialist SCI expertise
- Therapy – nursing, PT, OT, SALT, dieticians, psychology
- Clinics – vocational, urology/bowel management, upper limb
- Peer support
- Driving assessments, education, wheelchair assessments
- Outreach, pre-discharge integration, home discharge assessments
- Re-admissions wards

Q9: Were you treated in a Spinal Cord Injury centre for your initial rehabilitation after your SCI (0-3 years)?

Answered: 325



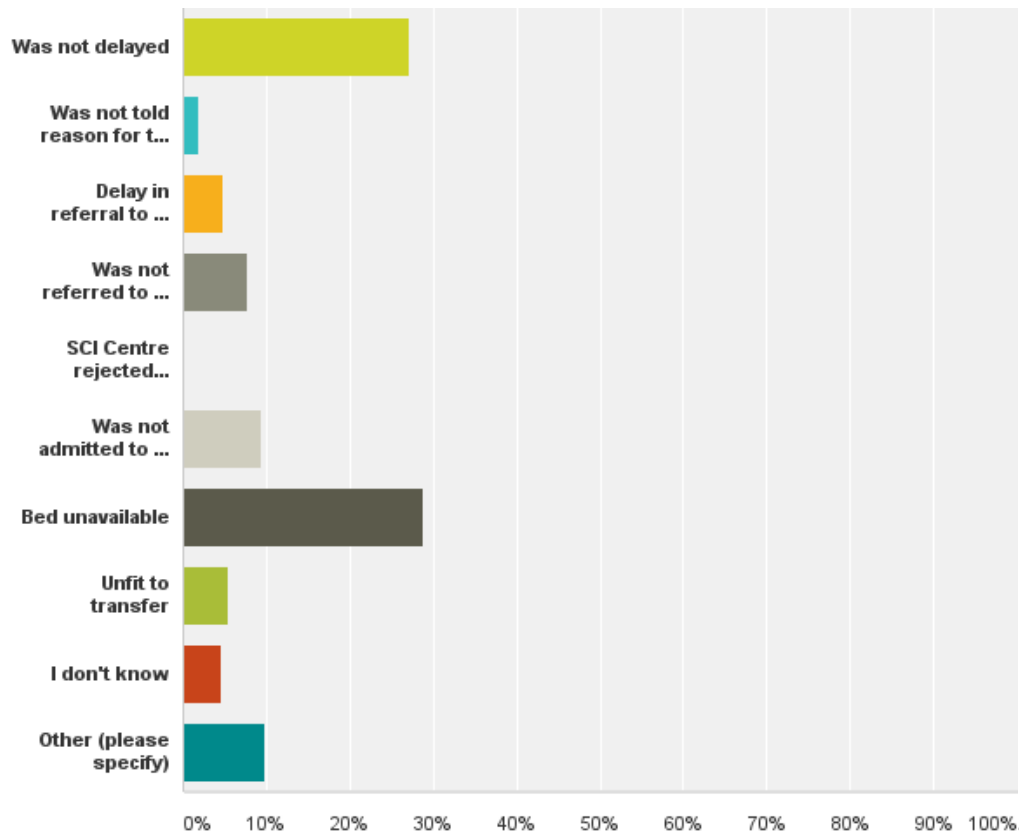
Q9: Were you treated in a Spinal Cord Injury centre for your initial rehabilitation after your SCI (0-3 years, by cause)?

Answered: 325



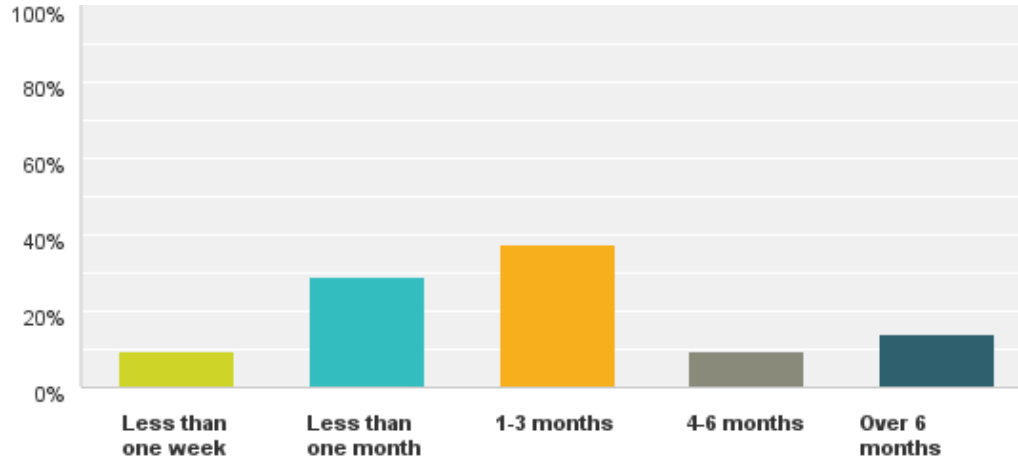
Q11: If there were delays in admitting you to an SCI Centre for your initial rehabilitation, what were the causes of the delay (0-3 years)?

Answered: 327 Skipped: 17



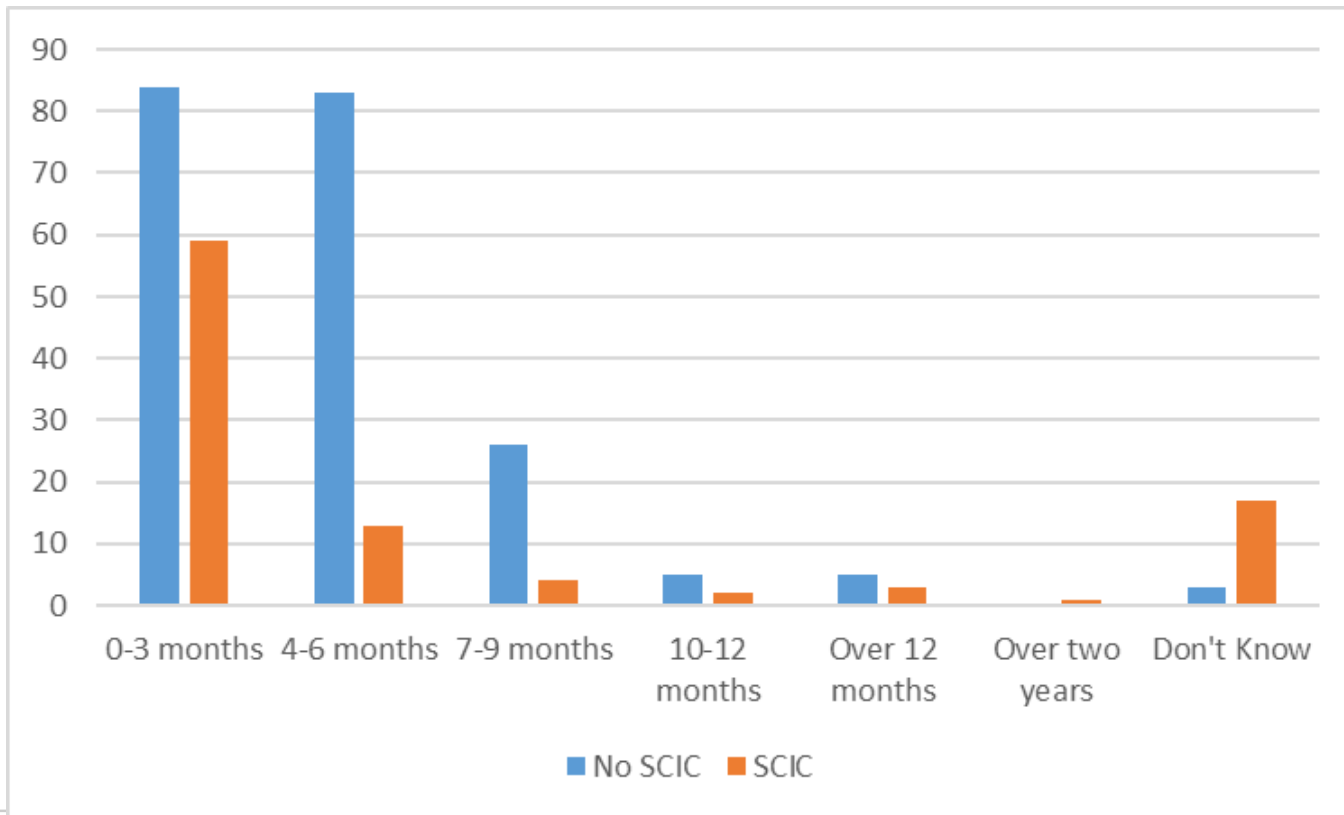
Q12: How long were you delayed (0-3 years)?

Answered: 212 Skipped: 132



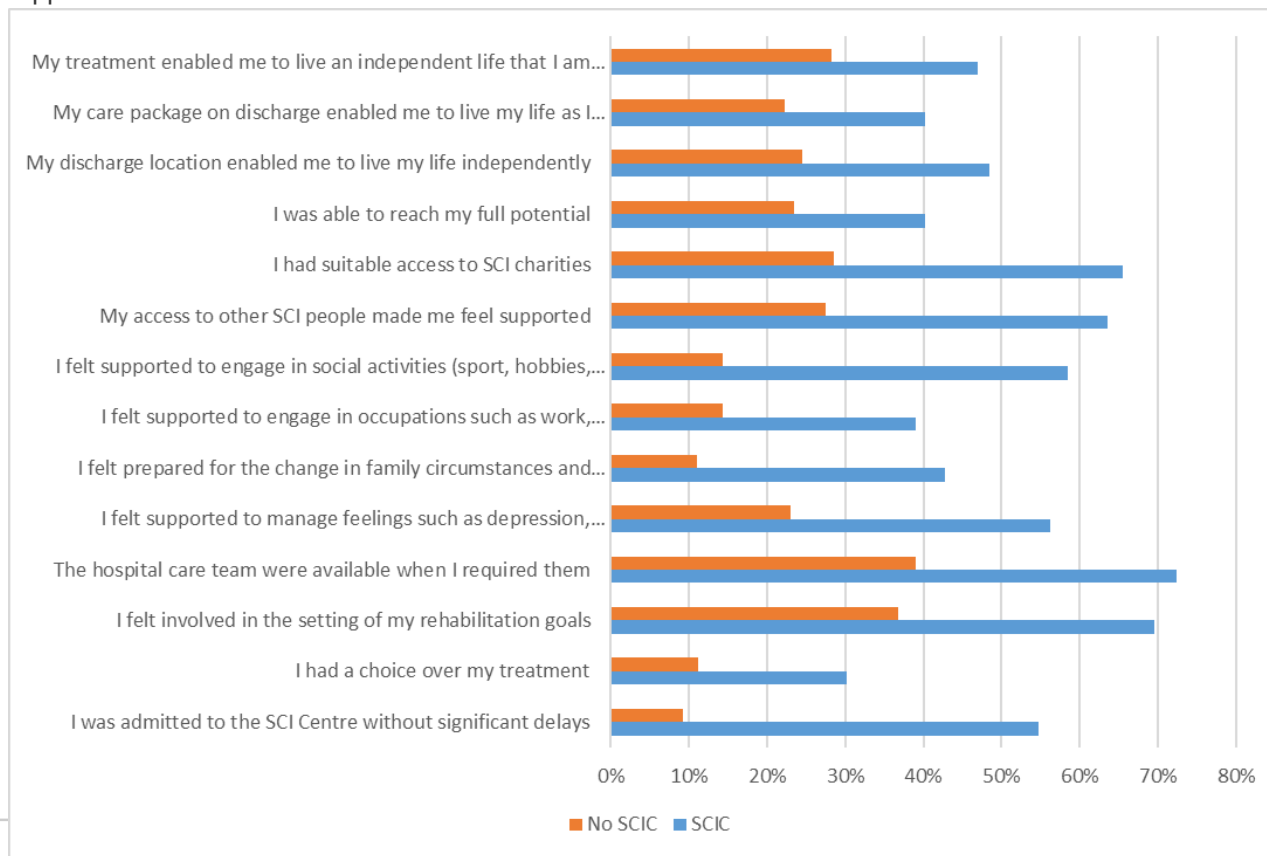
Q13: How long was your initial rehabilitation stay (whether in a SCI Centre or elsewhere)?

Answered: 305 Skipped: 20



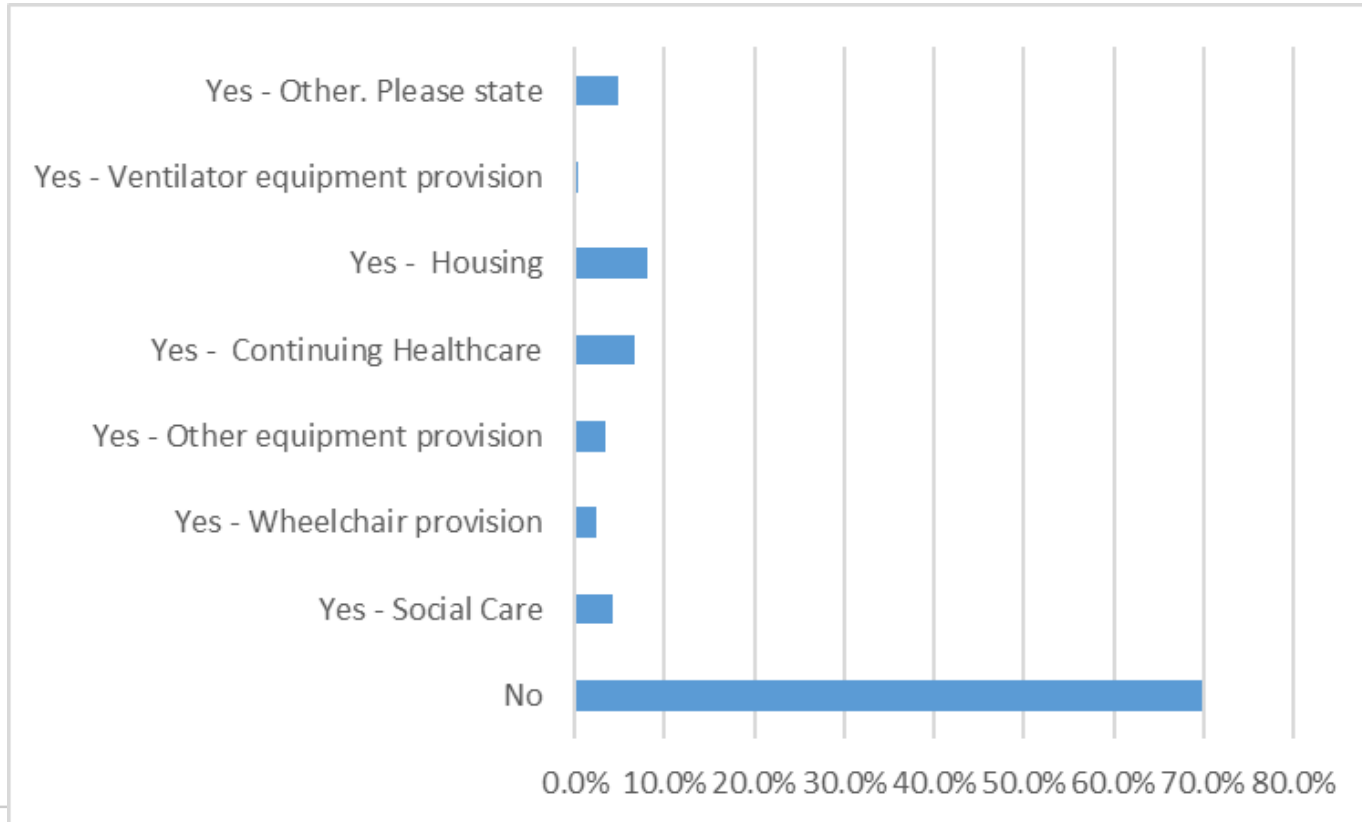
Q15: Thinking about your initial rehabilitation, how much do you agree with the following statements (0-3 years)?

Answered: 309 Skipped: 35



Q20: Was your discharge delayed after your initial rehabilitation? If so please tell us the cause (0-3 years)?

Answered: 285 Skipped: 59



Q21: What one thing was particularly good about your initial rehabilitation?

Answered: 214 Skipped: 103

Top 4 priorities for those injured 0-3 years:

Staff 33%

Specialist care / knowledge 19%

Physiotherapy 14%

Other SCI people 7%

Q22: What one thing could have been improved?

Answered: 229 Skipped: 115

Top 4 priorities for those injured 0-3 years:

Physiotherapy 35%

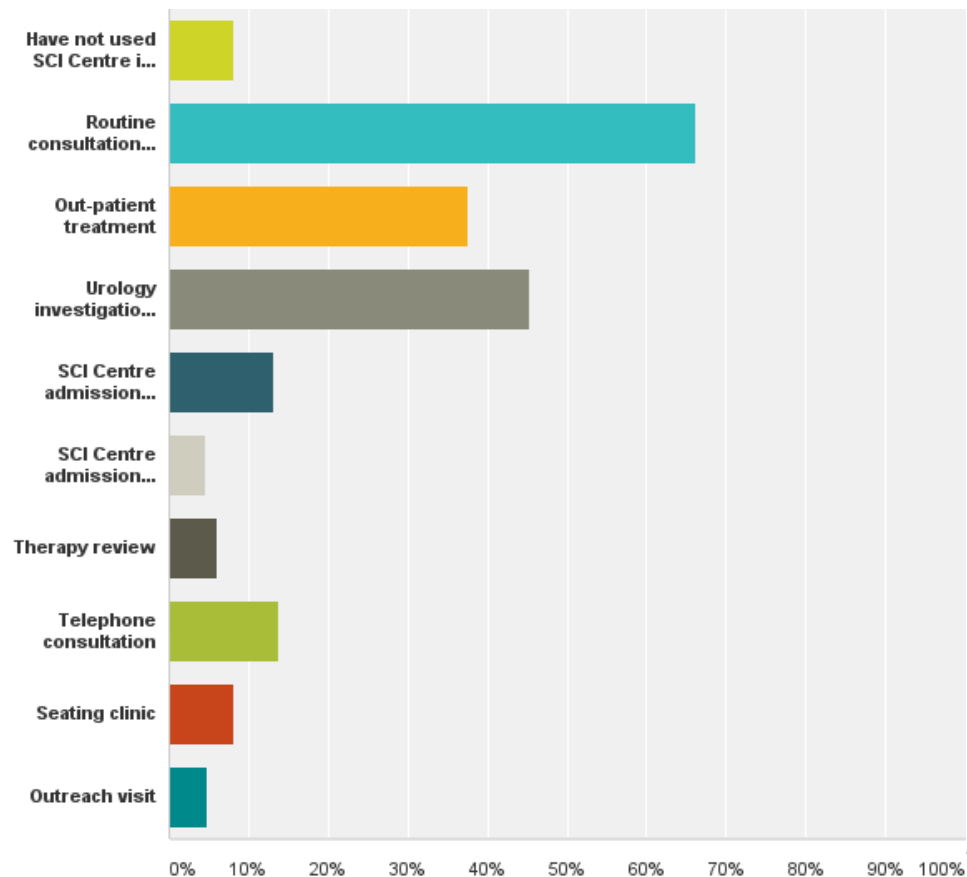
Ward staff 25%

Access to SCI Centres 15%

Post discharge support 14%

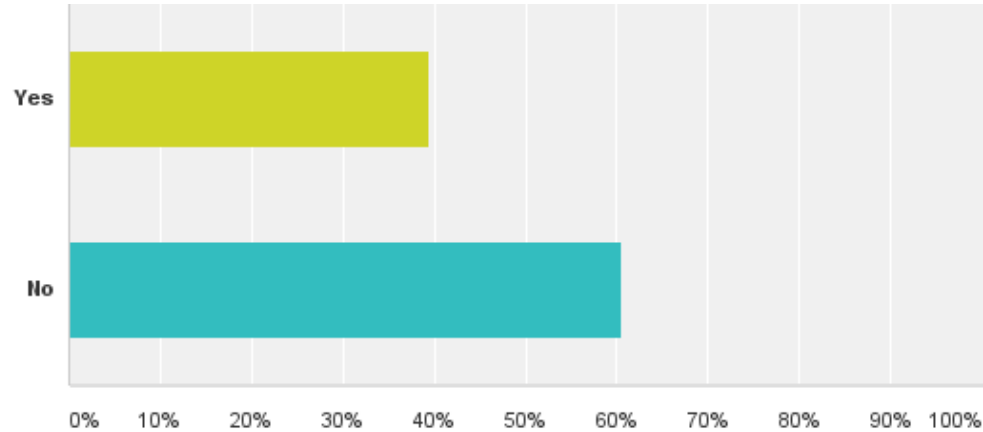
Q24: If you have used a SCI Centre in the last two years why was this? Please tick all that apply.

Answered: 1,108 Skipped: 490



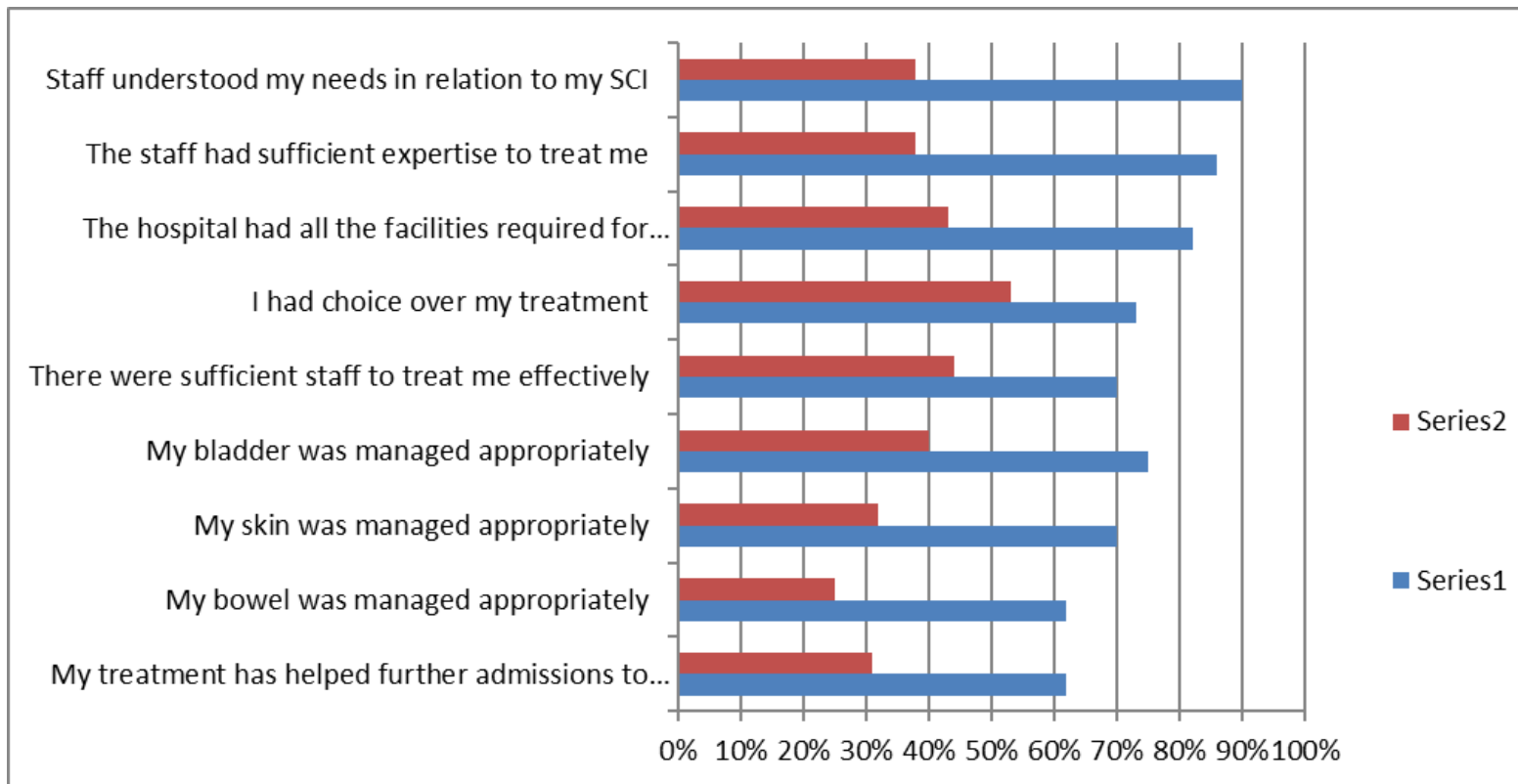
Q30: Other than your initial rehabilitation, have you been treated for an SCI related issue in a hospital other than an SCI Centre in the last two years, either as an inpatient or an outpatient?

Answered: 1,398 Skipped: 200



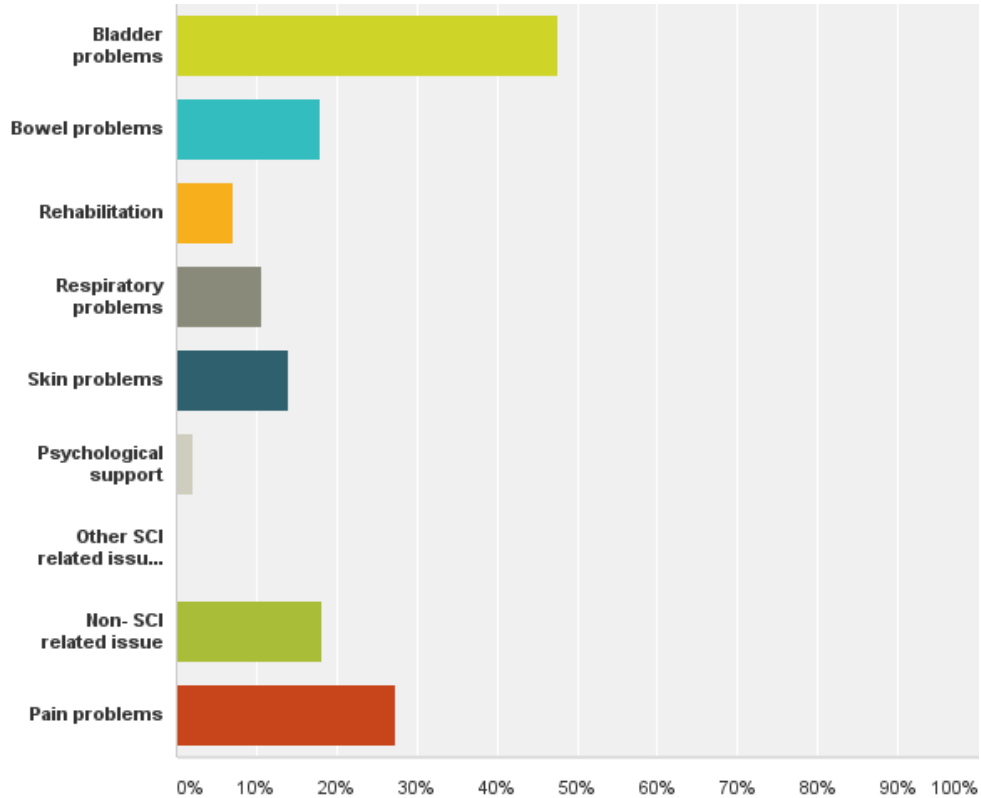
Q26 and 31: Regarding this treatment in a SCI Centre / non-specialist hospital, how much do you agree with the following statements?

Answered: 507/558 Skipped: 1,091/1,040



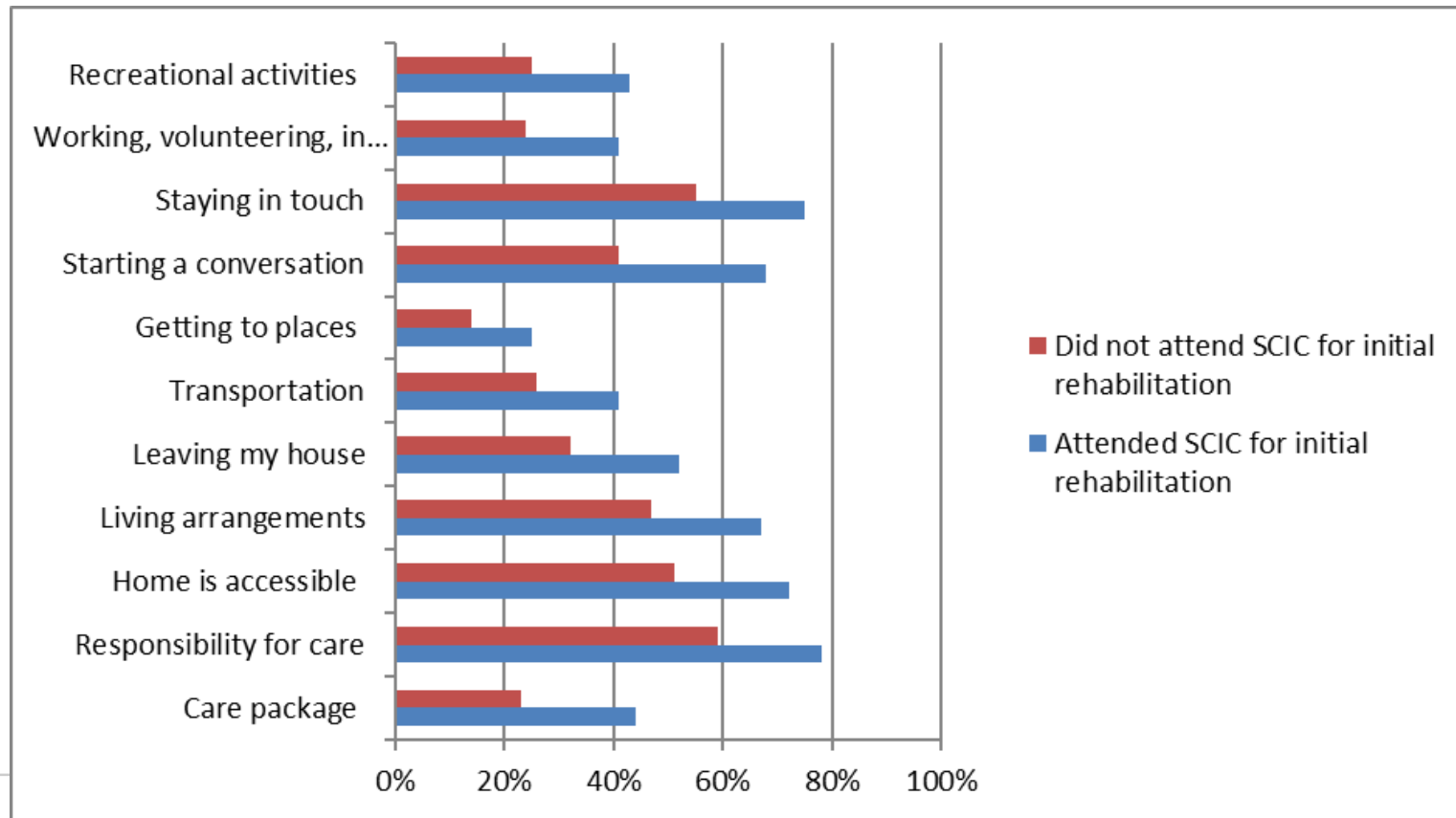
Q33: Why were you admitted? Please tick all that apply

Answered: 403 Skipped: 1,195



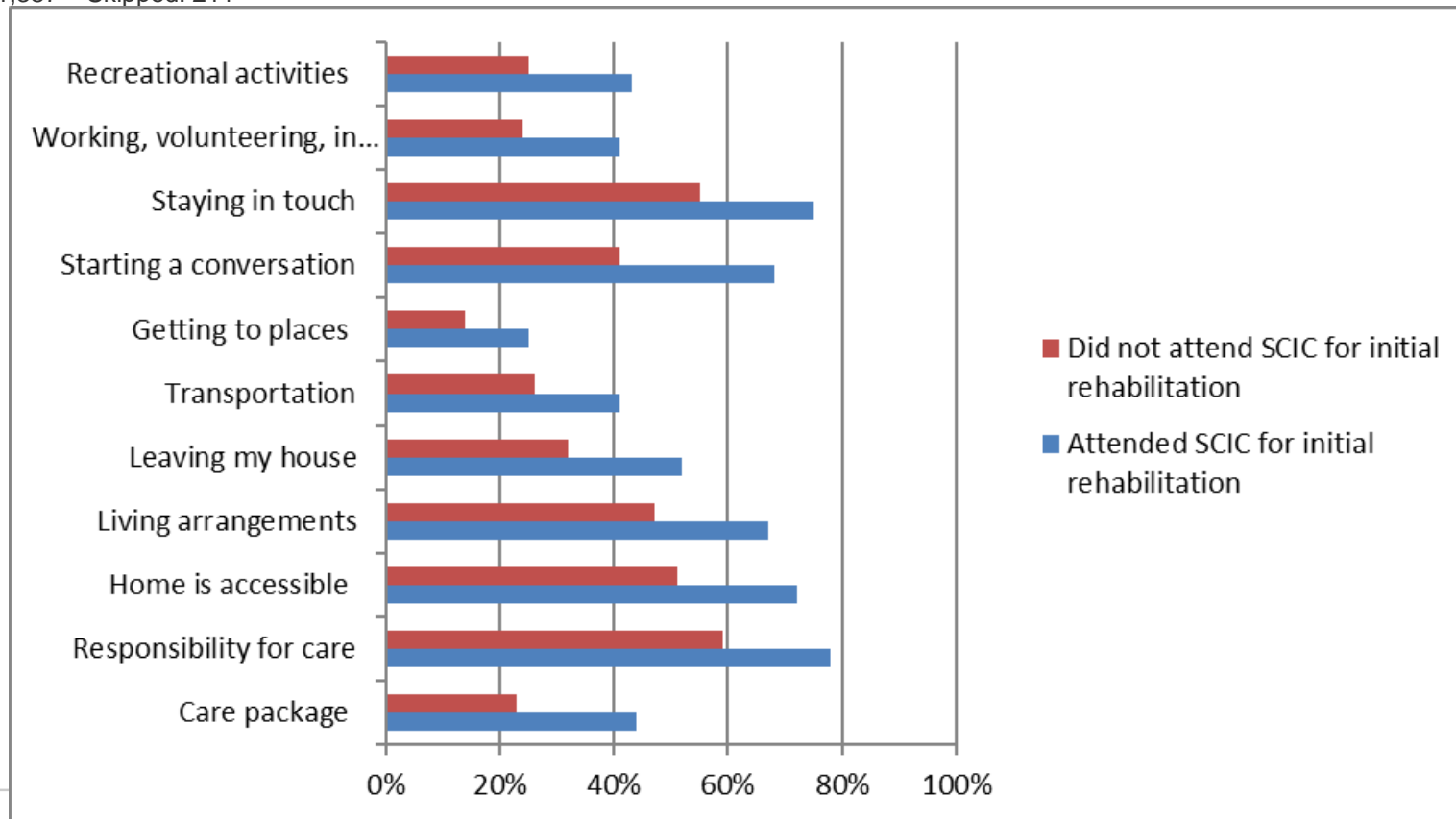
Q35: How frequently do you engage in the following activities per week?

Answered: 1,386 Skipped: 212



Q38: Thinking about your life today, how much do you agree with the following statements?

Answered: 1,387 Skipped: 211



VISION OF THE TEN SCI CHARITIES

- Specialist SCI centre rehab accessible to all
- Lifelong, holistic & person centred
- Movement through the pathway in a timely way
- Specialist centres provide leadership role into community
- Joined up approach to care, housing, wheelchair & equipment provision
- Increased technology & tele-healthcare
- Commitment to data, research & new therapies
- Partnership with SCI NGOs



SPINAL INJURIES ASSOCIATION

- Peer support & vocational clinics
- Information, advice & advocacy (quarterly magazine)
- SCI nurse advocates
- Education & training of health care professionals
- Telephone counselling
- Awareness raising
- Campaigning



MAIN MESSAGE FROM OUR WORK:



Importance of specialist SCI rehabilitation & peer support to outcomes, quality of life, independence... & economics

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