

# SCIRE - Spinal Cord Injury Research Evidence

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# Lack of knowledge translation

- In US:
  - 45% of time, treatments of proven effectiveness not provided

McGlynn et al. 2003, N Engl J Med

 20% of patients get care that is potentially harmful

Schuster et al. 1998, Milbank Quarterly



### Creation of SCIRE

- Funded by the Rick Hansen Institute,
   Ontario Neurotrama Foundation and
   Canadian Institutes of Health Research
- Led by Dr's Janice Eng & Robert Teasell
- Launched in 2005
- Systematic reviews of published research
- Rates information based on levels of evidence

# Levels of evidence

Table 1

#### Five levels of evidence

Level	Research Design	Description
Level	Randomized controlled trial (RCT)	Randomized controlled trial, PEDro score ≥ 6. Includes within subjects comparison with randomized conditions and cross-over designs
Level 2	RCT	Randomized controlled trial, PEDro score < 6.
	Prospective controlled trial	Prospective controlled trial (not randomized)
	Cohort	Prospective longitudinal study using at least 2 similar groups with one exposed to a particular condition.
Level	Case control	A retrospective study comparing conditions, including historical controls
Level	Pre-post	A prospective trial with a baseline measure, intervention, and a post-test using a single group of subjects.
	Post-test	A prospective post-test with two or more groups – intervention, then post-test (no pre- test or baseline measurement) using a single group of subjects.
	Case Series	A retrospective study usually collecting variables from a chart review.
Level 5	Observational	Study using cross-sectional analysis to interpret relations.
	Clinical Consensus	Expert opinion without explicit critical appraisal, or based on physiology, biomechanics or "first principles"
	Case Report	Pre-post or case series involving one subject

### Content

- Reviews, evaluates, and translates existing research knowledge into a clear and concise format to inform health professionals and other stakeholders
  - Reviewed over 4,000 articles
  - Rated 1,361 articles
  - 35 chapters of rated evidence accessible on our <u>rehabilitation evidence</u> page
  - 4 chapters of rated evidence accessible on our <u>acute evidence</u> page
  - Over 120 <u>outcome measures</u> useful for SCI practice

### **Production**

- Updated in 2 year cycles
- 75+ writers (interdisciplinary teams of clinicians and researchers) from 6 countries
- 70+ peer-reviewed journal articles



### Reach

# SC RE Professional

#### **Visit SCIRE Community**

For information written in everyday language

Home

About SCIRE

Evidence

Outcome Measures

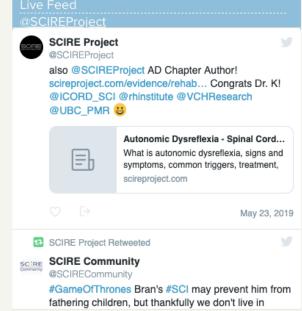
Videos

Clinical Resources

Search

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# Challenges/Opportunities

- Written in academic language
- Targets researchers, academics & clinicians
- Little/no input from PLEX



## **SCIRE Community**

- Written in "every-day" language
- Same level of rigour & evidence
- Input from 19 community members, including people living with spinal cord injury, SCI clinicians, and other community stakeholders



# **SCIRE Community**

- Levels of evidence
  - Strong
  - Moderate
  - Weak
  - Conflicting
  - Expert Opinion



# **SCIRE Community**

- 42 topics
  - Cannabis
  - Inspiratory muscle training
  - Bowel treatments
- 11 videos
  - Sex after SCI
  - Spasticity
  - Transfers

### Title

- Informs current best practice
- Also informs knowledge gaps areas that need further research
- Translated into multiple languages -French

## **SCIRE Community content**

- Pressure injuries
- https://scireproject.com/community/ topic/pressure-injuries/

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